

Corporate Health and Wellness

Exclusive Athletic Club seeks to be a partner in your company's overall health and wellness. Research indicates that employees with health club membership benefits are more likely to feel valued at work and to stay with the company longer. Good health improves your bottom line!

Exclusive Athletic Club
118 W 6th St., #60
Glenwood Springs, CO 81601
(970) 945-9107
www.exclusivetheathleticclub.com



Corporate Membership

Health Club Membership is Good Business



Services and Programs

- Full Access to All Athletic Club Facilities
- Certified Personal Trainers available
- Group Exercise Classes
- Fitness Assessments free-of-charge
- 30-minute new user orientation
- Tanning included with membership
- On-site workshops available
- Ample Free Weights
- Strength Machines
- Cardio Equipment
- Workout Video/DVD Library
- Assigned Lockers
- Shower Facilities
- Towels and Personal Care products provided

Convenience

Exclusive Athletic Club offers your staff a convenient way to work out around their work schedule. Centrally located near downtown Glenwood and next to the I-70 on/off-ramp. Take advantage of easy in and out access and little-to-no wait for equipment. Group classes are scheduled around the traditional work day. While we love children, EAC is an adults-only club.



Eight in ten (82%) Americans claim they would exercise regularly if their employer subsidized health club memberships.

Two-thirds (65%) of Americans would be very/somewhat likely to pay for a gym membership out of their salary before taxes if their employers offered this benefit.**

**Source: HRSA (International Health, Racquet & Sportsclub Association) trend report

Call us to discuss your company's wellness program needs. We'll be happy to work with you on a program just right for your business.

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Positive Return on Investment

"Wellness programs in general, and fitness programs in particular may be the only employee benefit which pays money back. When more people come to work, you don't need to pay overtime or temporary help; when people stay at the job longer, training costs go down; lower health care claims cost you less if you're self-insured - and health care insurers as well as some companies are already beginning to create premiums based on fitness levels"

- D.W. Edington, Ph.D., University of Michigan